

NE MN Responds Medical Reserve Corps Training and Activity Calendar, September-December 2010

	Date and Time	Name / Description of the Training	Host	Location	Open to all volunteers	Additional Information
	Sept 17 th and/or 18 th	Multi State MRC Call-down Drill	Minnesota Department of Health	Phone/Email	Please note you may or may not be contacted ; I will respond as directed and contact those volunteers who fit the desired criteria for the purpose of the exercise	The main purpose of this exercise will be to practice rostering/scheduling volunteers who indicate they are available based on the scenario ; if contacted please respond as you would if it were a real event
	September 30 th 6:00pm-8:00pm	Volunteer Recognition and Dinner	NE MNRsponds	Hibbing Park Hotel	Come relax and enjoy dinner and a speaker...and bring a guest!	RSVP NEEDED by Sept 17 th
	October 4 th and 5 th	St. Louis County Health and Human Services (exhibitor booth)	NE MNRsponds	DECC (Duluth)	Yes	RSVP by September 27 th if interested (staffing the booth, chatting w/ conference attendees)
	October 12 th 6-8:30pm	ICS 100/700	Adam Shadiow and Jo	Mesabi Range CC, Virginia (Room TBA)	Yes	RSVP by October 8 th
	October 13 th 6-8:30pm	ICS 100/700	Adam Shadiow and Jo	Aitkin (Location TBA)	Yes	RSVP by October 8 th
	October 18 th 6:30pm-8:30pm	Orientation/ Personal and Family Preparedness	Jo	Teleconference	Yes	RSVP by October 15 th
	November 4 th 6-8:30pm	ICS 100/700	Adam Shadiow and Jo	Canal Park Lodge Duluth	Yes	RSVP by November 1 st
	November 9 th 6-9pm	Psychological First Aid (PFA)	Bill Maloney/ Jo	Canal Park Lodge Duluth	Yes	RSVP by November 5 th
	November 17 th 6:30pm-8:30pm	Orientation/ Personal and Family Preparedness	Jo	Teleconference	Yes	RSVP by November 15 th

Please feel free to contact me with any questions/comments/suggestions:

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NE MN MRC Regional Coordinator
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About the offered trainings:

Orientation and Personal/Family Preparedness (Virtual): Please attend Orientation if you have not yet done so. Attending will help you better understand how the MN Responds and Medical Reserve Corps systems operate and what could be expected of the volunteers. Remember, when volunteers are needed, we will first call upon those who have attended an orientation session at the very least. This session also touches on important aspects of preparedness at home. **The “virtual” method allows you to attend the orientation from any location. Once you RSVP, I will email you the phone number and passcode to join the teleconference as well as the power point presentation for you to follow along on. Each person can follow the power point as I talk through the presentation. The phone number is toll free.**

A third option for completing Orientation is a web-based version offered by the U of M at:
<http://www.sph.umn.edu/ce/trainings/coursepage.asp?activityId=9409>

IS-100 and IS-700:

IS-700 explains the purpose, principles, key components and benefits of NIMS and IS-100 introduces the Incident Command System (ICS) as it applies to the healthcare/hospital environment and provides the foundation for higher level ICS training. This course describes the history, features and principles, and organizational structure of the Incident Command System. Adam Shadiow, the NE Region Education, Exercise, and Training Coordinator will help you understand your role as a volunteer within the Incident Command Structure.

Please note these courses are also available for independent study at the FEMA website (below).

Psychological First Aid (PFA): PFA is one of the core competencies expected of all MRC volunteers. When you work with people during and after a disaster, you are working with people whom may be having reactions of confusion, fear, hopelessness, sleeplessness, anxiety, grief, shock, guilt, shame and loss of confidence in themselves and others. Psychological First Aid (PFA) is an evidence-informed modular approach for assisting people in the immediate aftermath of small and large scale disaster events and has become the standard in helping others effectively manage times of crisis. This session is conducted by Bill Maloney, Behavioral Health Coordinator for the NE, who presents with years of experience and stories to help make the concepts applicable. People with and without mental health professional experience will benefit from this course.

A couple of notes:

- Please RSVP to Jo for all sessions. Having an accurate count helps to prepare food, handouts, or location adjustments.
- I will make any necessary cancellations by email. If this is a problem, please note in your RSVP that you'd prefer a phone call. I will make every possible effort to make those calls as promptly as possible.
- Additional training resources on Orientation, Mass Dispensing, Infection Control, Alternative Care Sites, Decontamination, NIMS/ICS and more:

<http://cpheo.sph.umn.edu/umncphp/online/>

<http://www.sph.umn.edu/ce/trainings/online.asp>

- This is where Orientation can be found in addition to several other great trainings!

<http://www.bt.cdc.gov/training/>

<http://training.fema.gov/IS/NIMS.asp>